

# *Intentional Creativity and Cosmic Cowgirls* **COMMUNITY CALENDAR 2016**

## **RED THREAD CAFÉ: BELONGING: February 26**

**With Shiloh and Jonathan** Recorded Livestream 8 am pst/11am est (FREE)  
Learn about art + physics + creativity and about our new course, PRISM.

## **FEARLESS ::: February 26 Online**

**Answering Your Call** Online Painting Class : Recorded Livestream 11am  
An exploration of moving towards that which scares you to answer the call of your heart. Create an image inspired by your big yes!  
*Lissa Rankin and Shiloh Sophia*

## **EMPOWERMENT ::: March 16**

**United Nations Commission on the Status of Women** Gathering NY  
Art, Poetry, Film for Resilience, Empowerment, Bonding  
New York: 8:30am Church Center, United Nations, 10<sup>th</sup> Flr. Rm. 777  
Free and open to the public, please join us! Red Thread Circle following

## **PRISM ::: March 17.18.19.20**

**Accessing Personal Leadership** Training : New York  
Contemporary Symbolism painting process paired with Quantum Physics, Sacred Math, and Prismatic Glazes in an abstract painting of your luminous field. Discover more freedom and potency in your leadership.  
*Shiloh Sophia with Jonathan Lewis*

## **EMERGENCE ::: March 20**

**Paint Where You Are** : Healdsburg  
One-on-one art doctoring, painting demonstrations, & nature walks with sumi-e lessons continuing the tradition of Sue Hoya Sellars.  
*Annette Wagner*

## **EMPOWERMENT ::: March 24**

**United Nations Commission on the Status of Women** Gathering NY  
8:30 Film Screening: A Brush with Healing featuring intuitive artists including Flora Bowley, Chris Zydel, Rachel Bavis, Pixie Lighthouse, Laura Hollick & Shiloh Sophia  
Salvation Army 221 E. 52<sup>nd</sup> Street Auditorium New York

Red Thread circle for community to follow

## **MUSE ::: April 1.2.3.4**

**Color of Woman** Training (2016 Students Only): Healdsburg  
*Shiloh Sophia, Mary MacDonald, Mandisa Amber, Rachel Bavis*

## **LEGEND WEAVERS ::: April 14.15.16.17**

**Cosmic Cowgirls Members** Conference : Healdsburg (Girls Welcome)  
Creating storycatchers woven with threads, feathers and dreams.  
*Shiloh Sophia, Mary MacDonald, Heidi Damata with Tina Greene, Rachel Bavis and Jennifer Bowers*

## **PRISM ::: April 28.29.30.May 1**

**Accessing for Personal Leadership** Training : Portland (sold out)  
Contemporary Symbolism painting process paired with Quantum Physics, Sacred Math, and Prismatic Glazes in an abstract painting of your luminous field. Discover more freedom and potency in your leadership.  
*Shiloh Sophia with Jonathan Lewis*

## **QUEEN ::: April 11-June 20**

**Queen of YOUR DOMAIN** Online Class  
A Benevolent Guide to Creating Your On-Line World: Receive the keys to unlock technology and create your own space online. Set up your Wordpress website, craft and upload your content, & design your newsletter.  
*Danna Clare*

## **PRISM ::: May 12.13.14.15**

**Potent Access for Personal Leadership** Training : Healdsburg  
Contemporary Symbolism painting process paired with Quantum Physics, Sacred Math, and Prismatic Glazes in an abstract painting of your luminous field. Discover more freedom and potency in your leadership.  
*Shiloh Sophia with Jonathan Lewis*

## **EMERGENCE ::: May 22**

**Paint Where You Are** : Healdsburg

One-on-one art doctoring, painting demonstrations, & nature walks with sumi-e lessons continuing the tradition of Sue Hoya Sellars.

*Annette Wagner*

## **ARTIST ::: June 1.2.3.4.5.6.7.**

**Color of Woman Training** : Florence, Italy

*Shiloh Sophia & Jonathan*

## **HEAD IN THE STARS ::: June 13**

**Cosmic Cowgirls Art Journaling Course** Online 8 Week class : A powerful playful Storywalking journey to discover the tools of the quintessential Cosmic Cowgirls Archetype. Boots, Hat, Belt Buckle, Lasso and what their metaphoric messages are for your inner badass?

*Jumpin Jenafer Joy*

## **FLORA ::: July 8**

**LIVESTREAM:** Details coming soon!

*Shiloh Sophia with Flora Aube*

## **EMERGENCE ::: July 17**

**Paint Where You Are:** Healdsburg

One-on-one art doctoring, painting demonstrations, & nature walks with sumi-e lessons continuing the tradition of Sue Hoya Sellars.

*Annette Wagner*

## **HEART MUSE ::: August 1-September 1**

**A Self Compassion Journey Online Painting Class** : Recorded Livestream

*Kate Langlois*

## **QUANTUM HEART ::: August 18.19.20.21**

**Annual Color of Woman Graduates Conference** Anderson Valley:

Terra Sophia Ranch with Amber Bonnici

## **SMASH TO THE CANVAS ::: August 25.26.27.28**

**Wildly Creative process Workshop:** Healdsburg

Catt Z. Geller with Mary MacDonald

## **BURNING MAN ::: September 2.3.4.**

Cosmic Cowgirls are you ready to head to the desert?

## **ALCHEMIST ::: September 9.10.11.12**

**Color of Woman Training (2016 Students)** : Anderson Valley, Terra Sophia Shiloh Sophia & Carmen Baraka

## **EMERGENCE ::: September 18**

**Paint Where You Are** : Healdsburg

One-on-one art doctoring, painting demonstrations, & nature walks with sumi-e lessons continuing the tradition of Sue Hoya Sellars.

*Annette Wagner*

## **LEGEND ::: October 21.22.23**

**The Cosmic Cowgirls Course** Workshop: Healdsburg

*Mary MacDonald & Shiloh Sophia*

## **VISIONARY ::: November 4.5.6.7**

**Color of Woman Graduation** Training : Healdsburg

*Shiloh Sophia and the Color of Woman Teachers*

## **EMERGENCE ::: November 13**

**Paint Where You Are** : Healdsburg

One-on-one art doctoring, painting demonstrations, & nature walks with sumi-e continuing the tradition of Sue Hoya Sellars.

*Annette Wagner*

## **LADY MOON ::: December 9.10.11.12**

Healdsburg: Shiloh Sophia with Emily Grieves & Dominique Peters with Heart of Gold – also livestreamed